


Location & History



Since 1989, our team of doctors, psychologists, family care specialists and other staff have been studying memory and thinking to better understand healthy brain aging and Alzheimer's disease. Over this time, we have followed more than 1000 people from Lexington and surrounding communities who have agreed to undergo annual examinations and brain donation at the time of death. With their help, we are closer than ever to finding a cure for this devastating disease. You can help too!



 Alzheimer's
Disease Center
at the Sanders-Brown Center on Aging




**Working to promote
healthier brain aging
for all!**

*Brain Aging
Research
Volunteers*

For more information about
volunteer opportunities call:

(859) 323-5550

Sanders-Brown Center on Aging
1030 S. Broadway, Suite 5
Lexington, Kentucky 40504
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 Sanders-Brown
Center on Aging

You can Make a
Difference



What is a Longitudinal Study?

Our longitudinal study (a study over a period of time) is aimed at better understanding normal brain aging and dementia.

When can you join?

- ✓ Volunteers with normal memory and thinking can join the longitudinal study at age 70+ (65+ non-Caucasian)
- ✓ Volunteers with memory or thinking problems and those coming from clinical trials can be younger

What do you need to participate?

- ✓ A study partner is needed to assist clinicians in determining changes in thinking or daily skills over time
- ✓ Consideration of brain donation

Why Should I Volunteer?

By becoming a volunteer, you can help us develop a better understanding of age-related changes in memory and thinking. The benefits of participating include:

- ✓ Contributing to better understanding of healthy brain aging and Alzheimer's disease
- ✓ Access to clinical trials and other studies on aging
- ✓ Possible early detection of memory and thinking changes
- ✓ Access to family caregiver support
- ✓ Access to educational materials, newsletters, seminars, etc. regarding the latest advances in healthy brain aging and Alzheimer's disease research

What Should I Expect?

Participants will receive a review of the study procedures and a copy of a consent form to keep. Participants can expect to take part in an evaluation that includes:

- ✓ Memory and thinking testing
- ✓ Physical and neurological exam
- ✓ Research blood work

Visits are expected to take between 2 to 3 hours total and will be repeated each year. There is no cost to you for participation.

"This is something that's going to be out here for a long time, so we need to get as many people as we can."

- B. Smith,
Interview with
Dr. Manny
Alvarez for
FOX News

